

# GodSense

*Lesson #7  
(Principles 34-39)*

## TEACHER NOTES

I. Review Lesson 6 assignment

II. Introduction/Review

If God says it, I will do it.

Getting to the real truth about myself and about what God says will free me to be fully me.

I will turn toward God in total, undivided commitment.

Even when I can't understand the difficulties in my life, I will trust God because I know that he is trustworthy.

I want to live every moment to its fullest, letting God live and work through me *now*.

Just as I accepted God's gift of salvation by faith, I must walk the same way. Not works, just faith.

*God invites us to know Him better; to walk with Him. "He's kind of fond of me, you know." (Steve Brown)*

III. Give Him focused time every day. *Devotions/quiet time. Practice, but not legalistically. You will begin to value this time, to look forward to it, never to want a day to go by without it. Mornings best.*

A. Cherish His Word

*If we want to know His love, we need to ready His love letter. Entire Bible important. Consistency. Overview, plus study.*

i. Psalm 119:161-168 *How does the psalmist feel about God's word? What value does he see in it?*

ii. II Timothy 2:15 *Correctly handle the word of truth; requires study*

This study is based upon the book entitled *The GodSense Devotional* by Beverly Van Kampen. If you have any questions about this material or if you would like to know more about *GodSense*, please visit the author's website at [www.beverlyvankampen.com](http://www.beverlyvankampen.com).

iii. II Timothy 3:16 *Value its unique inspiration, its ability to teach, rebuke, correct, and train for the purpose of good works.*

B. Communicate with Him

i. Luke 18:1 *Always pray; never give up.*

ii. Ephesians 6:18 *Always keep praying for each other*

iii. I Thessalonians 5:17 *Pray continually*

IV. Give Him longer periods of time occasionally

A. Retreat

i. Ezra 8:23 *Fasted and petitioned God; He answered*

ii. Luke 6:12 *Jesus spends all night on mountainside praying*

B. Meditate

i. Psalm 37:7a *Quiet down before God; be prayerful before Him*

ii. Psalm 119:55 *I meditate on your name all night, God.*

V. Learn from one other

II Timothy 2:22 *Run after mature righteousness joining others who are in honest and serious prayer before God (The Message)*

Titus 2:3-5 *Mature women teaching younger women how to follow God*

A. Sermons

B. Classes

C. Books/tapes/radio

D. Testimonies *John 15:27 You also must testify*

VI. Enjoy the rewards

A. Experience His love *You are His favorite child.*

- i. Jeremiah 31:3 *I have loved you with an everlasting love*
- ii. John 14:21 *I will love him and show myself to him.*

B. Know Him

- i. Matthew 13:11 *The knowledge of the secrets of the kingdom of heaven has been given to you.*
- ii. Philippians 3:8 *Everything a loss compared to the greatness of knowing Christ Jesus my Lord*

C. Hear His voice

- i. John 10:27-28 *My sheep know my voice*
- ii. Philippians 3:15-16 *God will reveal truth*

D. Be changed

- i. Matthew 10:39 *Whoever loses his life for my sake will find it*
- ii. Ephesians 3:20-21 *(The Message): His Spirit deeply and gently working within us.*

# ASSIGNMENT

## *Lesson 7*

### Bible study

Read Hebrews 12 and answer the following questions:

- (1) What commands are we given in verse 1? *Throw off everything that hinders and the sin that entangles and run the race with perseverance.*
  
- (2) Who is our focus as we run this race? (v. 2) *Jesus, the author and finisher of our faith*
  
- (3) What race has Jesus already completed? (v.2) *Endured the cross, scorned its shame, is now in heaven with God*
  
- (4) What does the writer say that discipline is evidence of? (v 6-7) *That we are sons of God and that He loves us.*
  
- (5) What is the purpose of God's discipline in our lives (v.10) *Our good, that we may share in His holiness*
  
- (6) What commands are given in verses 14-17? *Make every effort to live in peace, to be holy, not to miss the grace of God, not to allow bitterness, not to be sexually immoral or godless.*
  
- (7) How does the writer describe the feelings associated with God's communication to the people of Israel at Mt. Sinai? (vv. 18-21) *separateness, darkness, fear filled, could not be borne.*
  
- (8) What kinds of feelings are associated with the way we approach God today as described in verses 22-24? *Joyful assembly, coming to God knowing we are made perfect instead of focusing on our sinfulness/separateness from God, confident of our names being written in heaven because of Jesus' blood and because of His role as mediator for us.*

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(9) What should our reaction be to God when He speaks to us today? (v. 25) *Do not refuse Him; pay attention.*

(10) What should our reaction be to God's loving relationship with us? (vv. 28-29) *Thankfulness, worship God with reverence and awe.*

### Journaling

Write down ways in which you are seeking to develop your relationship with God. Which of these ways is working effectively for you? Which of them do you need to practice more faithfully? What new methods can you utilize to encourage an open, loving, and continual relationship with your heavenly Father?

### Prayer

Spend some time in prayer telling God of your desire to know Him better and to experience His love more deeply in your life. Stay quiet before Him and listen for His response. If He gives you any messages, write them down. Treasure His words of love to you.