

GodSense

Lesson 7 *(Principles 34-39)*

I. Review Lesson 6 assignment

II. Introduction/Review

If God says it, I will do it.

Getting to the real truth about myself and about what God says will free me to be fully me.

I will turn toward God in total, undivided commitment.

Even when I can't understand the difficulties in my life, I will trust God because I know that he is trustworthy.

I want to live every moment to its fullest, letting God live and work through me *now*.

Just as I accepted God's gift of salvation by faith, I must walk the same way. Not works, just faith.

III. Give Him focused time every day.

A. Cherish His Word

i. Psalm 119:161-168

ii. II Timothy 2:15

iii. II Timothy 3:16

This study is based upon the book entitled *The GodSense Devotional* by Beverly Van Kampen. If you have any questions about this material or if you would like to know more about *GodSense*, please visit the author's website at www.beverlyvankampen.com.

B. Communicate with Him

- i. Luke 18:1
- ii. Ephesians 6:18
- iii. I Thessalonians 5:17

IV. Give Him longer periods of time occasionally

A. Retreat

- i. Ezra 8:23
- ii. Luke 6:12

B. Meditate

- i. Psalm 37:7a
- ii. Psalm 119:55

V. Learn from one other

II Timothy 2:22
Titus 2:3-5

- A. Sermons
- B. Classes
- C. Books/tapes/radio
- D. Testimonies

VI. Enjoy the rewards

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A. Experience His love

- i. Jeremiah 31:3
- ii. John 14:21

B. Know Him

- i. Matthew 13:11
- ii. Philippians 3:8

C. Hear His voice

- i. John 10:27-28
- ii. Philippians 3:15-16

D. Be changed

- i. Matthew 10:39
- ii. Ephesians 3:20-21

ASSIGNMENT

Lesson 7

Bible study

Read Hebrews 12 and answer the following questions:

- (1) What commands are we given in verse 1?
- (2) Who is our focus as we run this race? (v. 2)
- (3) What race has Jesus already completed? (v.2)
- (4) What does the writer say that discipline is evidence of? (v 6-7)
- (5) What is the purpose of God's discipline in our lives (v.10)
- (6) What commands are given in verses 14-17?
- (7) How does the writer describe the feelings associated with God's communication to the people of Israel at Mt. Sinai? (vv. 18-21)
- (8) What kinds of feelings are associated with the way we approach God today as described in verses 22-24?

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- (9) What should our reaction be to God when He speaks to us today? (v. 25)
- (10) What should our reaction be to God's loving relationship with us? (vv. 28-29)

Journaling

Write down ways in which you are seeking to develop your relationship with God. Which of these ways is working effectively for you? Which of them do you need to practice more faithfully? What new methods can you utilize to encourage an open, loving, and continual relationship with your heavenly Father?

Prayer

Spend some time in prayer telling God of your desire to know Him better and to experience His love more deeply in your life. Stay quiet before Him and listen for His response. If He gives you any messages, write them down. Treasure His words of love to you.

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